

Health Curriculum – Curing Violence Program

Mobaderoon, a civil and commercial training company registered in Commercial Register No. /6/ bears a societal responsibility within a vision that works on "building trust and understanding to support and sustain peaceful coexistence" by providing research and training work in all its forms, developing the administrative capacities of institutions and teams, and completing studies and surveys, workshops and conferences in the field of raising awareness and community support.

In its work, Mobaderoon follows developed approaches to empower individuals and groups with specialized knowledge that matches their local needs and enables them to activate their roles in their societies in all areas of their work.

Mobaderoon has been the fruit of diverse knowledge since 2009, and this knowledge is shared through providing consultations and training programs, which serve the needs of capacity building at several levels, including programs that support youth and leaders, programs that support children and adolescents, and programs that support owners of social initiatives and projects. Mobaderoon provides its training and advisory services to:

- Organizations, institutions and associations of civil society.
- Companies and commercial establishments affiliated with the private sector.
- Teams, individuals and entrepreneurs.

Awards:

Mobaderoon is proud of the recognition by many international bodies for its programs and services. Mobaderoon was awarded the following awards:

- 1. Livia Foundation Prize 2014 for its work in peacebuilding.
- 2. The Economic Citizenship Award in 2017 for its work with street children.

3. The 2019 Facilitation Gold Award for its pioneering use of facilitation in its programs to create positive change.



What is the Health Curriculum – Curing Violence Program?

We believe that the phenomenon of violence is the same in all societies; appearing as a contagious disease. We realize that every society is unique on its own considering the type of conflict and dangers/protection factors linked to violence. Hence, it is logical that the local community understands the context in a better way and to be capable of establishing specific activities to mitigate and reduce violence.

The health curriculum we use here is a wide one called the public health method which uses all efforts and services in the community to make it healthier, which is a responsibility shared by civilians, healthcare, education, economy, NGOs and governmental offices.

During the previous years, and through our work with different segments of society, a need arose for training programs that seek to educate the community about the importance of understanding, studying and analyzing violent behavior, awareness of its nature and origin; and looking at violence from a physiological background as well as a societal one in order to cure and reduce it. Mobaderoon has responded by designing a training program "Health Curriculum – Curing & Mitigating Violence".

Target Group

Individuals over 18 years of age who have an interest in understanding violent behavior in society and their reduction mechanisms.

- Active initiatives & voluntary teams.
- Activists in civil society organizations.
- Key community persons.

Program Learning Journey

This program is concerned with the following:

- Expanding people's understanding of violent behavior and types of violence.
- Scientific and cultural background of the health curriculum, and addressing brain physiology.
- The danger factors that may contribute to a greater extent in shaping and perpetrating violent behavior, and violence reduction strategies.
- Clarify the concept of conflict.



Some tools to understand and reduce violent behavior.

1st **Day:** concept of violence – violence as a disease – health curriculum model – violence trilogy.

2nd Day: brain physiology – danger factors and characteristics – environmental-social model.

3rd Day: violence helix – concept of conflict – behavior triangle.

4th Day: violence mitigation strategies.

Expected Outcomes

- Increasing knowledge of physiological, psychological and social violence.
- Basic Tools & Skills, such as:
- 1 -Dealing with violent behaviors and mitigating their spread in society.
- $2\,\mbox{-Increasing}$ the society's immunity towards violent behavior, and mitigating this behavior.
- 3 -Stimulating individual and group initiatives to reduce and limit violent behaviors.

